

Guidelines Governing the Yumei Gymnasium

Wenzao Ursuline University of Languages

Approved at the Student Affairs Committee meeting on June 5, 2006
Approved at the Executive Committee meeting on Feb. 7, 2007
Amended at the Student Affairs Committee meeting on Dec. 11, 2012
Amended at the Executive Committee meeting on May 28, 2013
Ratified by the University President on June 13, 2013
Amended at the Executive Committee meeting on Aug. 6, 2013
Ratified by the University President on Aug. 15, 2013

Article I. For fully applying the facilities of the gym and in compliance with the development of sports required by the government, these Guidelines are enacted to provide students and faculties with an outstanding venue for sports.

Article II. There are rooms for aerobic exercise and table tennis; courts of basket ball, volley ball, badminton and tennis; fitness center, outdoor track-and-field and court of balls.

Article III. Priority of use :

Mainly for sports teachings and activities, school teams trainings and big events of school.

Secondly for faculties, students clubs and individual.

Article IV. Regulations of use in gym :

1. Court :

After approval, contests or activities on campus can be held; application to the Center for Physical Education has to be one week prior to the event and the deposit needs to be submitted; events will be arranged based on the sequence of application.

Deposit for each event is NTD2000; lighting cost is NTD100 per hour; one application per week for the same unit and the use of time is two hours.

Hygiene has to be well kept after use; if the sanitary standard does not conform to the requirement, the deposit will be forfeited and the right of use for that semester will be terminated.

2. Use range for individual :

(1) Court : If lighting is needed, please present the sports card for requirement.

(2) Fitness center and billiard table : Please present your sports card before using.

3. Opening hours for individual :

(1) Mon-Fri : From 08:00~18:00, please present the ID card of faculty or student; from 18:00~21:30 please present the sports card.

(2) From 09:00~18:30 please present the ID card of faculty or student.

(3) Closed on Sundays and holidays

4. Discipline will be carried out for any infringement, such as the use of other people's sports cards or bringing people off campus to the gym; in these cases, the sports card will be forfeited.

Article V. Regulations of use for outdoor track-and-field and court of balls :

1. Beyond teachings and school teams trainings, sequence of use is based on the time of application.

2. After approval, contests or activities on campus can be held; application to the Center for Physical Education has to be one week prior to the event and announcement will be made based on the sequence of application.

Article VI. These Guidelines become effective after review and approval by the Executive Committee and ratification by the University President. Amendments must follow the same procedure.

Regulations for Fitness Center

I. Regulations :

1. Sportswear is required; no barefoot, bareback, or food/beverage is allowed. Personal hygiene and equipment maintenance are requested.
2. Sports card has to be placed at the entrance for check.
3. Compensation is required for any man-made damage for each exercise device based on its price; attention has to be paid for one's own safety and that of other people. For accidents occurring due to inappropriate use in non-class time, responsibility has to be borne by the one causing the accident
4. Rules set by faculties have to be followed as well as the expected courtesy so that the Center can be kept safe and clean. People who violate the rules will be asked to leave and discipline will result.
5. Try to avoid sports injuries.
6. After using the exercise device, it has to be put back for maintaining its best condition. For any equipment damaged, please inform faculties; do not try to fix it by yourself.
7. For any violation, persons responsible will be forbidden to enter the Center, or other discipline will be implemented based on the accurate assessment of the affair.

II. Time of use: it will be announced on the website and bulletin of the Center for Physical Education.

III. Other matters not stated in these Regulations are resolved according to the Center for Physical Education.

Time of Use for Fitness Center of Yumei Gymnasium

1. Mon-Friday from 12:00~13:00

2.Mon, Tue, Thu, Friday from 16:00~21:30

3.Wed from 17:00~21:30

4.Sat from 09:00~18:30

5.Prior to the use of class, time of use differs

Time of Use for Fitness Center

week time	Mon	Tue	Wed	Thu	Fri	Sat
noon	12:00~ 13:00	12:00~ 13:00	12:00~ 13:00	12:00~ 13:00	12:00~ 13:00	From 09:00
afternoon	From 16:00	From 16:00	From 16:00	From 16:00	From 16:00	To 18:30
evening	To 21:30	To 21:30	To 21:30	To 21:30	To 21:30	